

Organizer: Department of Psychology 心理系主辦

# How to enhance and develop empathy by using psychodrama

## 如何增進同理心

## 心理劇角色交換技巧訓練工作坊

SPEAKER 講師: Liwen Molly Mo 莫麗文

- 加拿大心理師Registered Clinical Counsellor (RCC)
- 心理劇導演Certified Practitioner (CP)
- 準訓練師Practitioner Applicant for Trainer(PAT)



學習心理劇十年，訓練時數超過一千三百小時，目前為美國心理劇、社會計量、與團體心理治療考試委員會，認證合格之心理劇導演（CP）與準訓練師（PAT）。曾兩度至美國維吉尼亞州與心理劇創始人遺孀現年97歲的心理劇大師Zerka Moreno學習心理劇。

*Molly has been trained as a therapist using action methods. She is also a psychodramatist, practitioner applied trainer, majored in group therapy and relationship issues. Her specialties includes parenting issues, working with depression or anxiety disorder, trauma, abuse, interpersonal, couple, and family relationship.*

### 工作坊內容WORKSHOP PROGRAM

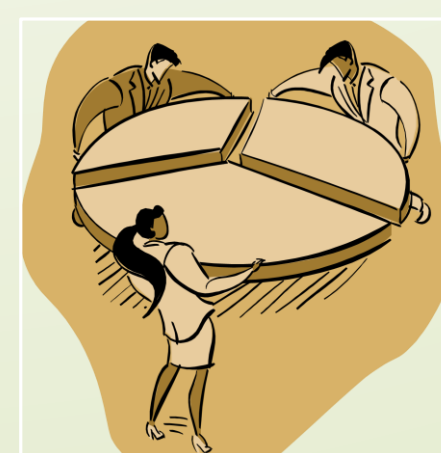


Sociometry  
從社會計量認識  
自己與團體

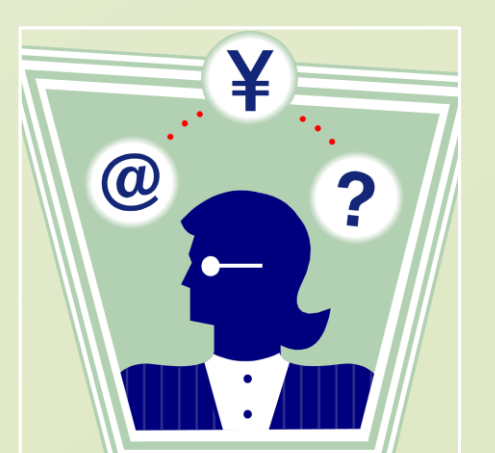
Role play & Spontaneity  
角色扮演與自發性練習



Role Atoms Pie  
心理劇社會性角色與  
關係對角的介紹



Role reversal techniques  
角色交換技巧的介紹與練習



Time 時間

2015.01.17-18, 9:00am-12:00pm

Location 地點

I215